

A close-up photograph of a person's hands pressed together in a prayer position (Anjali Mudra) over a body of water. The hands are positioned centrally, with fingers pointing upwards. The water's surface is visible in the background, and a reflection of the hands is seen in the foreground. A semi-transparent white rectangular box is overlaid on the lower half of the image, containing the text "FOR COUPLES" between two horizontal lines.

FOR COUPLES

FOR COUPLES

Rituals dedicated to couples in the exclusive Private SPAs inspired by the alpine atmosphere and the natural elements of the mountain, to rediscover yourself in a sensual trip for two.

01.

PRIVATE SPA

Inspired by the natural elements of the mountain, the two luxurious Lefay SPAs are characterised by unique environments and wellness paths to rediscover yourself in a sensual trip for two.

AMONGST THE FOREST

In the magical atmosphere of an enchanted forest, a ritual that evokes the harmony of nature, the scents of blooming meadows and the fascination of waterfalls: the revitalising sensation of being wrapped by drops of fresh water and sparkly flowers on the river banks. A charming experience to share, protected by the surrounding trees, guardians of the untouched beauty. It is said that the keeper of the forest was a fairy who once lived in the valleys' waterfalls, hidden between clouds of water in summer and icy crystals in winter.

LEFAY WELCOME RITUAL:

THE ALPINE LAKE

In this re-imagined lake area, surrounded by conifers, mind and body relax, relieving stress and tiredness with a warm bath in the water enriched with precious alpine essences.

FACIAL TREATMENT UNDER THE STARS AND AMONGST THE ALPINE FLOWERS

It is said that when the Dolomites emerged from the waters, magical creatures gave life to the flora and fauna of the area. The highest mountains however, naked and bare, suffered: the sky heard their cry and a star was dropped amongst the rocks, seed of edelweiss. These flowers, exposed to massive ranges of temperature and ultraviolet radiations, have effective defences that are also beneficial to our skin. The phytonutrients contained in flowers and used in this anti-ageing treatment, protect the skin from free radicals and slow the ageing process. The treatment begins with a scrub that prepares the face for the massage, which stimulates the regeneration of tissues. Finally, the facial mask restores radiance to the skin.

MASSAGE OF THE NARDIS FAIRY

Evokes the scent of fresh greenery and evergreens that grow on the shores of waterfalls and Alpine streams. The water flows from the source toward the pastures and meadows, taking the fragrances of blooming meadows. The massage is carried out using arnica and hypericum oil and has an antiinflammatory and relaxing action on the whole body.

A MOMENT OF RELAXATION WITH RED FRUIT REFRESHMENTS

This moment is sweetened with a cocktail, filling the senses with notes of red fruit.

MON - THU

€ 600,00

per couple
(programme of 2 h,
15 min.)

FRI - SUN*

€ 630,00

per couple
(programme of 2 h,
15 min.)

The Private SPA "Amongst the Forest" can be experienced in BIO shorter version (Alpine Lake, Massage of the Nardis Fairy and a moment of relaxation with red fruit refreshments)

MON - THU

€ 430,00

per couple
(programme of 1 h,
30 min.)

FRI - SUN*

€ 460,00

per couple
(programme of 1 h,
30 min.)

THE CHALET

A special moment for two in a romantic chalet, like in a remote mountain retreat, away from everything else. This Private SPA is inspired by the intimacy of traditional alpine cottages overlooking the magnificent peaks or hidden near the silent forests. Here, it is possible to breathe notes of amber from the wooden panels and the warmth of secret space, like a little den, tucked away in the quiet of nature.

LEFAY WELCOME RITUAL:

MOISTURISING BATH

A hypnotic softness coats the skin like a warm and nourishing veil: a moisturising bath with honey, Lefay olive oil and horse chestnut, that creates a state of absolute relaxation and wellbeing in mind and body.

SCRUB "THE CARESS OF THE FOREST"

A body Scrub made with chestnut flour, salt and traditional alpine mountain butter: the flour, made from chestnut trees that surround the valley, combined with the Alpine salt and butter, has a smoothing and emollient effect, leaving the skin soft and ready to receive the enveloping couple massage.

MASSAGE OF THE FAUNS

Fauns are creatures that go back to the Greek and Roman mythology and, in particular, to the God Pan, protector of pastures, forests and all of their creations. It is said that they were used to hunt and court the nymphs of trees. This massage is performed using warm compresses containing aromatic herb of the forest, soaked in mountain butter which has an anti-inflammatory and relaxing action.

A MOMENT OF RELAXATION WITH THE FAUNS' REFRESHMENTS

The ritual ends with a moment of relaxation accompanied by a warm drink and delicacies to be shared as you huddle in front of the fireplace.

MON - THU

€ 600,00

per couple
(programme of 2 h,
15 min.)

FRI - SUN*

€ 630,00

per couple
(programme of 2 h,
15 min.)

The Private SPA "The Chalet", can be experienced in BIO shorter version (Moisturising bath with honey, Massage of the Fauns and a moment of relaxation with the Fauns' refreshments)

MON - THU

€ 430,00

per couple
(programme of 1 h,
30 min.)

FRI - SUN*

€ 460,00

per couple
(programme of 1 h,
30 min.)

02.

RITUALS FOR COUPLES

CANDLE MASSAGE IN SPA SUITE

A sensual couple's ritual that indulges all the senses: the light emanating from the candle creates the atmosphere and acts as chromotherapy, while its perfume (aromatherapy) induces a feeling of relaxation. An unforgettable experience to share with a partner.

MON - THU
€ 250,00

 per couple
(45 min.)

FRI - SUN*
€ 280,00

 per couple
(45 min.)

RITUAL OF THE ARCTIC WONDER

An exciting experience inspired by the encounter between hot and cold. A ritual to discover the beauty of polar nature: landscapes with sharp and immaculate ice, voluptuous hot springs and an unexpected under water flora. It starts with a crystal bath, cradled by the waves of the whirlpool and inebriated by the relaxing vapours. Then, the soul wanders until the gommage treatment with salt flakes that completely regenerates the skin. The ritual ends with a Merveille Artique Massage, inspired by the Swedish technique for muscular relaxation and performed with bubbles of ice to create a symphony of thermal exchanges on the skin surface.

MON - THU
€ 600,00

 per couple
(2 h, 30 min.)

FRI - SUN*
€ 630,00

 per couple
(2 h, 30 min.)

SAVONNAGE: A TURKISH CEREMONY

The evocative oriental experience of the Turkish bath is brought back to life in this unique ritual, which conveys a sense of fullness and serenity. The ceremony begins when entering the caldarium and continues with the savonnage performed by the exfoliant "Kassa" glove, with which a deep scrub is performed. The experience ends with the Aleppo soap lathering massage and a final oiling step using Argan oil and perfumed oils.

MON - THU
€ 490,00

 per couple
(1 h, 45 min.)

FRI - SUN*
€ 550,00

 per couple
(1 h, 45 min.)

ONE THOUSAND AND ONE NIGHTS

From an ancient Middle Eastern tradition comes a purification ritual for face and body dedicated to deep skin cleansing, elimination of impurities and toxins. It begins with a steam bath (caldarium) designed to prepare the skin for exfoliation with black soap. On the heated couch, the body is scrubbed with the Kassa glove, followed by the application of Rassoul and the steam bath, ending with a relaxing oil massage with pure argan oil. Each phase of the body ritual is accompanied by a facial ritual. The products used are natural and based on black soap, clay and honey for a maximum skin radiance.

MON - THU
€ 420,00

 per couple
(1 h, 45 min.)

FRI - SUN*
€ 440,00

 per couple
(1 h, 45 min.)

BANYA RITUAL

Experience this original and unforgettable ritual from ancient times. The Banya is a variant of the traditional sauna which originated in Eastern Europe. Dating back to the Viking colonial era, it starts with the warm, moist heat of the Hammam, followed by a detoxifying, rhythmic body massage with the help of “veniks”, oak twigs, which are used to relax, release tension and purify the soul.

MON - THU

€ 320,00

per couple
(75 min.)

FRI - SUN*

€ 360,00

per couple
(75 min.)